

Summary Sheet

Committee Name and Date of Committee Meeting

Health Select Commission – 26 October 2017

Report Title

Response to Scrutiny Review: Child and Adolescent Mental Health Services – monitoring of progress

Is this a Key Decision and has it been included on the Forward Plan?

This is not a key decision

Strategic Director Approving Submission of the Report

Ian Thomas, Strategic Director, Children & Young People's Services

Report Author(s)

Beki McAlister, Commissioning Manager, Children and Young People's Service

Ward(s) Affected

All Wards

Summary

This report provides an update against the recommendations the Scrutiny Review of Child and Adolescent Mental Health Services (CAMHS) in December 2015.

The principal focus of the review was Rotherham Doncaster and South Humber (RDaSH) NHS Trust CAMHS, however, the review acknowledged that these services are not provided in isolation but are part of a complex system of service commissioning and provision.

The update focusses on:

- The impact of the single point of access;
- The impact of locality working;
- Training and Development for the wider CAMHS workforce;
- Performance Monitoring and outcomes;
- Waiting times; and
- Transitions

Recommendations

That the monitoring of progress against the responses to the Scrutiny Review of Child and Adolescent Mental Health Services be noted and discussed.

List of Appendices Included

Appendix 1 – Update on Child and Adolescent Mental Health Services – Key Themes (October 2017)

Background Papers

Scrutiny Review report and appendices
Minutes from HSC meetings in October 2016 and March 2017.

Consideration by any other Council Committee, Scrutiny or Advisory Panel

The Overview and Scrutiny Management Board at its meeting on 11th December 2015 delegated the ongoing monitoring of the Scrutiny Review to the Health Select Commission.

Council Approval Required

No

Exempt from the Press and Public

No

Response to Scrutiny Review: Child and Adolescent Mental Health Services – monitoring of progress

1. Recommendations

- 1.1 That the monitoring of progress against the responses to the Scrutiny Review of Child and Adolescent Mental Health Services be noted and discussed.

2. Background

- 2.1 In December 2015 the Overview and Scrutiny Management Board noted the main findings and made recommendations of the Scrutiny Review of Rotherham, Doncaster and South Humber NHS Trust (RDaSH) Child and Adolescent Mental Health Services (CAMHS).
- 2.2 The Overview and Scrutiny Management Board delegated the monitoring of progress against the recommendations to the Health Select Commission. The Health Select Commission considered progress against the 12 recommendations of the Scrutiny Review in October 2016 and in March 2017. This report provides progress against six key themes agreed for future updates.
- 2.3 The recommendations of the Scrutiny Review 2015 were incorporated into the Rotherham CAMHS Transformation Plan (known as the Local Transformation Plan or LTP) - as the local response to NHS England's Future in Mind Report. The LTP was approved by the Chair and Vice-Chair of Health and Wellbeing Board on 14 October 2015 and the refreshed LTP was approved on 28 October 2016. The annual refresh of the LTP is due for completion at the end of October 2017.

3. Key Issues

- 3.1 Improved emotional health and wellbeing is associated with a range of better outcomes for people of all ages and backgrounds. Poor mental health for adults, children and young people is associated with poverty, social position, poor housing, other disabilities and trauma such as living in households where there is domestic abuse.
- 3.2 The principal focus of the Scrutiny Review was RDaSH CAMHS, however the review acknowledged that these services are not provided in isolation but are part of a complex system of service commissioning and provision. The six key themes included in this update have an impact on this wider system.

4. Options considered and recommended proposal

- 4.1 An update against the six key themes agreed by the Health Select Commission is provided at Appendix 1. In summary:
 - Impact of the CAMHS Single Point of Access – The CAMHS Single Point of Access is now well established. Integration with the Early Help Single Point of Access was agreed in 2016 and began a pilot phase in 2017, however there was delay in progressing this work as a result of changes to management within CAMHS. As a result of the new management arrangements in place

within CAMHS the Single Point of Access has now been revisited alongside Early Help and the work is progressing positively. Strategic discussions are underway to enhance integrated working with the Early Help single point of access.

- Impact of CAMHS Locality Working – there is now an established and active presence in local communities. Feedback is now regularly sought to evaluate and improve the locality approach.
- Training and Development for the wider CAMHS workforce – Strategic links are being made within RMBC and pilot work has commenced with Yorkshire & Humber Clinical Network around a competency framework for school based staff.
- Performance Monitoring and Outcomes – The CCG is undertaking an annual baseline data collection to inform the October re-refresh of the LTP and feed into the Joint Strategic Needs Assessment (JSNA). RDaSH are implementing a new electronic records system that will improve reporting against outcomes.
- A CAMHS Section 75 Agreement will commence from 1st November 2017. The agreement between Rotherham Metropolitan Borough Council and Rotherham Clinical Commissioning Group (CCG) will strengthen joint performance management and measurement of outcomes linked to the delivery of the LTP.
- Waiting Times – Improvement on all key performance indicators in August 2017 compared to March 2017.
- Transitions – transition events are being planned with the Different But Equal Board (facilitated by Voluntary Action Rotherham), within RDaSH there are monthly transitions meetings between CAMHS and adult mental health services.

5. Consultation

- 5.1 Evidence gathering as part of the Scrutiny review comprised of presentations, round table discussion and written evidence from health partners, RMBC officers, Rotherham Youth Cabinet and desktop research.

6. Timetable and Accountability for Implementing this Decision

- 6.1 It is anticipated that once the report has been noted and discussed by the Health Select Commission, the recommendations will continue to be taken forward within the timescales outlined and further progress updates will be made to the Health Select Commission.
- 6.2 The CAMHS Partnership Group is accountable for delivering the LTP and the Scrutiny Review recommendations. The Partnership Group draws together commissioners, providers of mental health services for children and young people and other key stakeholders to deliver the LTP and improve outcomes.

- 6.3 The LTP is updated every 2 months, a full appraisal is undertaken every 6 months. There is also an annual re-fresh and quarterly update to NHS England. The LTP will be published on NHS Rotherham CCG website to ensure transparency and accountability.

7. Financial and Procurement Implications

- 7.1 The financial implications of implementing the Scrutiny review recommendations have been met through monies made available by NHS England to implement the CAMHS Transformation Plan and through the re-allocation of existing resources by RDASH as part of their service reconfiguration.

8. Legal Implications

- 8.1 There are no identified legal implications.

9. Human Resources Implications

- 9.1 There are no identified human resource implications.

10. Implications for Children and Young People and Vulnerable Adults

- 10.1 The Scrutiny review recommendations aim to impact positively on children and young people, through enhancing current mental health service provision.

11 Equalities and Human Rights Implications

- 11.1 There are no negative impacts identified as a consequence of taking forward the recommendations identified within this report. The recommendations will bring about a positive contribution to promoting equality through improving access into mental health provision from disadvantaged and vulnerable groups.

12. Implications for Partners and Other Directorates

- 12.1 The recommendations arising from the Scrutiny Review have implications for RMBC, Rotherham Clinical Commissioning Group and RDASH CAMHS. These responsibilities are outlined within Appendix 1.

13. Risks and Mitigations

- 13.1 Accessible and high quality mental health care is essential for children and young people in all parts of the borough to achieve improved health outcomes and reduced health inequalities for our community.
- 13.2 The consequences of poor mental health are well documented and include poorer academic achievements, face higher unemployment, premature morbidity and long term physical and mental health problems.
- 13.3 Commissioners and providers across the whole system will continue to work together to develop appropriate and bespoke whole care pathways that

incorporate models of effective, evidence based interventions for vulnerable children and young people.

14. Accountable Officer(s)

Approvals Obtained from:-

	Named Officer	Date
Strategic Director of Finance & Customer Services	N/A	
Assistant Director of Legal Services	N/A	
Head of Procurement (if appropriate)	N/A	
Head of Human Resources (if appropriate)	N/A	

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